



TRACK & FIELD

SPRING | SUMMER 2022

PARENT MEETING & REGISTRATION

March 5, 2022 | 11:00 am

Thomas County Public Library

Downtown Thomasville Branch, Flipper Room

Socially-distanced, masks recommended, 30-person limit in space

AGES

Ages 7-17

Based on age as of 12/31/22

FEES

\$75

Covers AAU membership and track meet fees

Does not include Jr. Olympics costs

INSTRUCTOR

Bryan Howell

TTCSA Founder + President | Track & Field Coach

OVERVIEW

Participants will:

- Receive instruction on the rules of track events, including the 100m, 200m, 400m, 800m, shotput, discus, and long jump
- Receive individual coaching
- Participate in track meets in May & June (at least 3 meets)
- Have the opportunity to qualify for the AAU Jr. Olympic Games in Greensboro, NC (North Carolina A&T University), August 1-6, 2022

KEY DATES

Saturday, March 5 -- Parent Meeting & Registration

Saturday, March 12 -- Start Date

Tuesday, Wednesday, Thursday, every other Saturday -- Practice

CONTACT

For more information, please contact **Bryan Howell** at (678) 522-6097 or info@ttcsa.org.

TTCSA.ORG